Equality is a natural life-supporting power that is grounded in spirituality.

**BELIEFS**

**NONVIOLENCE**

**SPIRITUAL REFLECTION:** Meditating about walking your own Path. Reflecting on your relationship with the Creator. Making time to be alone in Nature. Recognizing and expressing thanks for your blessings. Focusing on the inner balance of your physical, mental, emotional, and spiritual self. Practicing humility.

**ECONOMIC PARTNERSHIP:** Making money decisions together. Making sure both partners benefit from financial arrangements.

**NEGOTIATION AND FAIRNESS:** Seeking mutually satisfying resolutions to conflict. Accepting change. Being willing to compromise.

**NON-THREATENING BEHAVIOR:** Talking and acting so that she feels safe and comfortable expressing herself and doing things.

**RESPECT:** Listening to her nonjudgementally. Being emotionally affirming and understanding. Valuing opinions.

**TRUST AND SUPPORT:** Supporting her goals in life. Respecting her right to her own feelings, friends, activities, and opinions.

**HONESTY AND ACCOUNTABILITY:** Supporting her goals in life. Respecting her right to her own feelings, friends, activities, and opinions.

**RESPONSIBLE PARENTING:** Sharing parental responsibilities. Being a positive, non-violent role model for the children.

**SHARED RESPONSIBILITY:** Mutually agreeing on a fair distribution of work. Making family decisions together.

**SEXUAL RESPECT:** Understanding the difference between love, sex, and intimacy. Treat your partner as you would a Pipe. Respect her feelings and her rights to choose her relationships and control her body.

**PARTNERSHIP:** Treat your partner as an equal and whole human being. Respect her decisions and opinions. Listen with your heart. Share responsibilities based on skills, interest, and fairness.

**CULTURAL RESPECT:** Understanding your relationship to others and all things in Creation. Being responsible for your role: acting with compassion and respect. Respecting and accepting that people have their own Path. Humbly respecting her Path as being equally important as yours.

**EQUALITY**

**HUMILITY ~ COMPASSION ~ HARD WORKING ~ FORTITUDE**

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