Additional Resources: 
Trauma Web Sites

For advocates and other providers who want more in-depth information about substance abuse, mental illness and other issues faced by survivors of multi-abuse trauma, as well as information on providing trauma-informed services, these Web sites are good sources of information and help:

www.cdc.gov/ncedphp/ace ACE Study. The Centers for Disease Control and Prevention reports on the Adverse Childhood Experiences (ACE) Study – one of the largest investigations ever conducted on the links between childhood maltreatment and later-life health and well-being. As a collaboration between the Centers for Disease Control and Prevention and Kaiser Permanente's Health Appraisal Clinic in San Diego, Health Maintenance Organization (HMO) members undergoing a comprehensive physical examination provided detailed information about their childhood experience of abuse, neglect, and family dysfunction. Over 17,000 members chose to participate. To date, over 30 scientific articles have been published and over 100 conference and workshop presentations have been made.

www.acestudy.org The Adverse Childhood Experiences Study. The Web site’s primary focus is to share the findings of the Adverse Childhood Experiences Study, in a format readily accessible to both professionals, and the lay community. ACE Reporter, a free electronic quarterly publication about the findings of the Study is available on line.

www.theannainstitute.org The Anna Institute celebrates and honors the life of Anna Caroline Jennings, by using her artwork and life experience to educate others on the hidden epidemic of childhood sexual abuse, its horrific impact on individuals and society, and paths to prevention or healing. Can download articles and PowerPoint presentations of Anna’s life as a child and as a mental health patient. Visitors can view an online gallery of Anna Caroline Jennings’ powerful artwork, most of which was created within the walls of state mental institutions.

http://www.phac-aspc.gc.ca/ncfv-cnivf/index-eng.php Canadian National Clearing House On Family Violence. On behalf of the Government of Canada and its Family Violence Initiative (FVI), the Public Health Agency of Canada operates the National Clearinghouse on Family Violence (NCFV). The NCFV is Canada’s resource centre for information on violence within relationships of kinship, intimacy, dependency or trust. NCFV collects, develops, and disseminates information on family violence across the country and abroad. NCFV resources and services are available free of charge in both English and French.
**www.ChildTraumaAcademy.com** The Child Trauma Academy is a collaborative group of individuals and organizations working to improve the lives of high-risk children through direct service, research and education. Free online courses are offered.

**www.childtrauma.com** The Child Trauma Institute site includes parent information, trauma measures, publications, training programs & links. The Institute provides training, consultation, information, and resources for those who work with trauma-exposed children, adolescents, and adults.

**www.darkness2light.org** Darkness to Light raises awareness of the prevalence and consequences of child sexual abuse by educating adults about the steps they can take to prevent, recognize and react responsibly to the reality of child sexual abuse.

**www.dartcenter.org** Dart Center for Journalism and Trauma. The Dart Center is a global organization dedicated to improving media coverage of trauma, conflict and tragedy. The Center also addresses the consequences of such coverage for those working in journalism.

**www.giffromwithin.org** A site for survivors of trauma and victimization, Gift From Within gives trauma survivors, their loved ones and supporters a credible online website that is friendly and supportive. Gift From Within believes that persons with post-traumatic stress disorder and related traumatic stress syndromes deserve the same respect and support that individuals and families suffering the impact of cancer, heart disease and stroke receive.

**www.healingselfinjury.org** Healing Self Injury provides information about self-inflicted violence (SIV) and a newsletter for people living with SIV, *The Cutting Edge*. Published by Ruta Mazelis and now in collaboration with the Sidran Institute, *The Cutting Edge* is in its 15th year of publication. It serves as a resource for those seeking information on this often-misunderstood issue and includes editorial commentaries, written and artistic contributions from the readership, and reviews of various resources for those who live with SIV. Provides PDF version of the newsletter.

**www.istss.org** The International Society for Traumatic Stress Studies. ISTSS is an international multidisciplinary, professional membership organization that promotes advancement and exchange of knowledge about severe stress and trauma. This knowledge includes understanding the scope and consequences of traumatic exposure, preventing traumatic events and ameliorating their consequences, and advocating for the field of traumatic stress.

**www.jimhopper.com** Jim Hopper’s site on Child Abuse Statistics, Research, and Resources. This site has several pages about child abuse – how prevalent it is, its potential effects, where to learn more and, if you’re looking, how to find help for yourself or someone you care about. The site provides scholarly knowledge and resources, in language and formats accessible to any interested and motivated person – young or old, highly educated or not.
www.protect.org National Association to Protect Children. PROTECT is a national membership association founded on the belief that our first and most sacred obligation as parents and citizens is the protection of children from harm. The association is committed to building a powerful, nonpartisan force for the protection of children from abuse, exploitation and neglect through a determined single-issue focus, a meaningful mainstream agenda and the use of proven modern political strategies.

www.ncptsd.va.gov/ National Center for Posttraumatic Stress Disorder Research and education on PTSD; includes the PILOTS Database, an electronic index to PTSD literature

www.nctsn.org National Child Traumatic Stress Network. The Web site’s purpose is to raise the standard of care and improve access to services for traumatized children, their families and communities throughout the United States. Combining knowledge of child development, expertise in the full range of child traumatic experiences, and attention to cultural perspectives, the NCTSN serves as a national resource for developing and disseminating evidence-based interventions, trauma-informed services, and public and professional education.

www.nsvrc.org National Sexual Violence Resource Center serves as the nation’s principle information and resource center regarding all aspects of sexual violence. It provides national leadership, consultation and technical assistance by generating and facilitating the development and flow of information on sexual violence intervention and prevention strategies. The NSVRC works to address the causes and impact of sexual violence through collaboration, prevention efforts and the distribution of resources.


www.ncptsd.va.gov/ncmain/publications/pilots/ The Pilots Database is an electronic index to the worldwide literature on post-traumatic stress disorder and other mental-health consequences of exposure to traumatic events. It is produced by the National Center for PTSD and is available to the public on computer systems maintained by Dartmouth College. There is no charge for using the database, and no account or password is required.

www.nospank.net Project No Spank is a resource for parents, students, educators, education policymakers, healthcare providers, children's advocates, and all others who are concerned with the safety and well-being of children

www.rainn.org The Rape, Abuse & Incest National Network is the nation's largest anti-sexual assault organization. RAINN operates the National Sexual Assault Hotline and carries out programs to prevent sexual assault, help victims and ensure that rapists are brought to justice.
**www.riskingconnection.com** The Risking Connection Model supports transformation to trauma-informed care in all settings through training and consultation, with a focus on healing relationships. The website serves as a gateway to a Risking Connections Community providing educational opportunities and resources, and building relationship between RC creators, teachers and users.

**www.sanctuaryweb.com** The Sanctuary Model website fully describes a trauma-informed method for creating or changing an organizational culture in order to more effectively provide a cohesive context within which healing from psychological and social traumatic experience can be addressed. The site also includes numerous downloadable articles and makes explicit the impacts on people, communities and organizations of the larger the societal context within which they live and operate. This website is a rich source for deepening and broadening our understanding of trauma, its pervasiveness in all aspects of our lives and culture, and what is needed for healing.

**www.wonderland-safe.org/safe.htm** SAFE is a drop-in center in Oregon designed, owned, and operated entirely by people served by the mental health system and survivors of trauma. A beautiful publication of survivor art work “Healing In Safety: A Guide for Mental Health and Medical Professionals on How Best to Help Trauma Survivors, Written by Trauma Survivors,” is available.

**www.safespaceradio.com** Safe Space Radio, a live forum for courageous conversations. Safe Space is a radio show about subjects that are difficult to talk about – a forum for the discussion of topics that make people feel uncomfortable. It is a space for the respectful discussion of matters that touch hearts and yet feel risky to share – subjects that deserve, but rarely get, thoughtful consideration. Half-hour downloadable interviews with outstanding survivors and healers, conducted by Dr. Anne Hallward.

**www.siari.co.uk** Self-Injury and Related Issues (SIARI) – a free international Internet service of information, resources and support.

**www.sidran.org** Sidran Institute helps people understand, recover from and treat traumatic stress (including PTSD), dissociative disorders, and co-occurring issues such as addictions, self injury and suicide risk. Sidran develops and delivers educational programming, resources for treatment, support and self-help, trauma-informed community and professional collaboration projects, and publications about trauma and recovery.

**www.stopitnow.org** Stop It Now! offers adults tools they can use to prevent sexual abuse, before there’s a victim to heal or an offender to punish. It provides support, information and resources that enable individuals and families to keep children safe and to create healthier communities. A network of community based Stop It Now programs reaches out to adults who are concerned about their own or others’ sexualized behavior toward children.
**www.traumacenter.org** The Trauma Center at Justice Resource Institute helps individuals, families and communities that have been impacted by trauma and adversity to re-establish a sense of safety and predictability in the world, and provides state-of-the-art therapeutic care as they reclaim, rebuild and renew their lives. Downloadable articles by numerous authors including Bessel van der Kolk, MD, medical director and founder of the Trauma Center and internationally recognized leader in the field of psychological trauma, are available on this site.

**www.trauma-pages.com** David Baldwin’s Trauma Information Pages focus primarily on emotional trauma and traumatic stress, including post-traumatic stress disorder and dissociation, whether following individual traumatic experience(s) or a large-scale disaster. The purpose of this award-winning site is to provide information for clinicians and researchers in the traumatic-stress field.

**www.witnessjustice.org** Witness Justice addresses gaps in victim services by offering direct services for survivors of violence and their allies who are experiencing difficulties. Witness Justice offers assistance and support to get answers, explanations, information, and resources for the many survivors who feel “stuck” or “lost” following violence and trauma.

**www.vachss.com** The Zero 5.Olaf – Official Website of Andrew Vachss. Here, you will find a searchable database of agencies and organizations which purport to serve the issues that concern us: child abuse, sexual abuse, domestic violence, animal welfare, mental health, health care, juvenile justice, human trafficking and many more, as well as other research and assistance materials.