

Seventh Grade Unit #1 Overview – Personal Safety and Injury Prevention

Lesson	Unit #1 Topic	Materials to Prepare	Support Materials	Teaching Strategies
1	Healthy Relationships	<ul style="list-style-type: none"> • Handouts to be photocopied • Poster paper, Markers, and Tape for Guidelines • CD / iPod – if choosing Option #2 for Activity #2 • Overhead projector or SMARTBoard 		<ul style="list-style-type: none"> • Back to Back / Face to Face • Move to the Music OR Scramble • Exit Statement
2	Impact of Bullying and Harassment	<ul style="list-style-type: none"> • Handouts to be photocopied • Overhead projector or SMARTBoard 		<ul style="list-style-type: none"> • Graphic organizer • Jigsaw • Exit Statement
3	Benefits and Dangers of Technology	<ul style="list-style-type: none"> • Handouts to be photocopied • Handouts from previous class • Overhead projector or SMARTBoard 		<ul style="list-style-type: none"> • Jigsaw • Huddle Up • Exit Statement
4	Stress and Emotional Regulation	<ul style="list-style-type: none"> • Handouts from previous class • Scrap paper (1/4 sheet for each student) • Box / bin for Snowball activity • Overhead projector or SMARTBoard 		<ul style="list-style-type: none"> • Think, Pair, Share • Reflection • Snowball • Exit Statement
5	Decision Making	<ul style="list-style-type: none"> • Handouts to be photocopied • Role Play Scenarios • Overhead projector or SMARTBoard 		<ul style="list-style-type: none"> • IDEAL Decision Making Model • Pass the Paper • Exit Statement
6	Skills Into Practice	<ul style="list-style-type: none"> • Handouts to be photocopied • Skills for Effective Relationships DVD • DVD player and screen / TV • Guidelines for Respondent laminated poster • Overhead projector or SMARTBoard 	<ul style="list-style-type: none"> • Guidelines for Respondent laminated poster • Skills for Effective Relationships DVD 	<ul style="list-style-type: none"> • Role Plays • Exit Statement
7	Practicing Skills and Culminating Activity	<ul style="list-style-type: none"> • Handouts to be photocopied • Skills for Effective Relationships DVD • DVD player and screen / TV • Guidelines for Respondent laminated poster • Overhead projector or SMARTBoard 	<ul style="list-style-type: none"> • Guidelines for Respondent laminated poster • Skills for Effective Relationships DVD 	<ul style="list-style-type: none"> • Discussion • Role Plays • Exit Statement • Culminating Activity

Seventh Grade Unit #2 Overview – Substance Use, Addictions and Related Behaviors

Lesson	Unit #2 Topic	Materials to Prepare	Support Materials	Teaching Strategies
1	Problematic Substance Use	<ul style="list-style-type: none"> Paper / Markers to create word wall Handouts to be photocopied Poster paper, Markers, and Tape for Guidelines Substance Misuse/Abuse laminated cards 	<ul style="list-style-type: none"> Background information about Mental Health issues Substance Misuse/Abuse laminated cards 	<ul style="list-style-type: none"> Word Wall Graphic Organizer Sorting Think Pair Share Exit Statement
2	Linking Substance Use with Mental Health	<ul style="list-style-type: none"> Handouts to be photocopied Laminated magazine ads Small packs of post-it notes (one per student) 	<ul style="list-style-type: none"> Laminated magazine ads 	<ul style="list-style-type: none"> Word Wall Picture Word Induction Exit Statement
3	Connection Between Body Image and Substance Abuse	<ul style="list-style-type: none"> Handouts to be photocopied Overhead projector or SMARTBoard Small pack of post-it notes (one per student) Chart paper Markers Overhead markers 		<ul style="list-style-type: none"> Word Wall Jigsaw Post It Pile It Exit Statement
4	Help Seeking Practice	<ul style="list-style-type: none"> Overhead projector or SMARTBoard Handouts to be photocopied 	<ul style="list-style-type: none"> Help-Seeking laminated poster 	<ul style="list-style-type: none"> Word Wall Fold the Line Exit Statement
5	Researching the Implications of Substance Use and Addictions	<ul style="list-style-type: none"> Handouts to be photocopied Overhead projector or SMARTBoard Computer lab 		<ul style="list-style-type: none"> Word Wall Researching Graphic Organizer Exit Statement
6	Implications of Substance Use and Addictions Presentations	<ul style="list-style-type: none"> Handouts to be photocopied Handouts from previous class Overhead projector or SMARTBoard Bristol Board or large paper Computer lab time (if necessary) 		<ul style="list-style-type: none"> Word Wall Graphic Organizer Gallery Walk Exit Statement

Lesson	Unit #2 Topic	Materials to Prepare	Support Materials	Teaching Strategies
7	Practicing Skills Related to Substance Use and Other Addictions	<ul style="list-style-type: none"> • Handouts to be photocopied • Skills for Effective Relationships DVD • DVD player and screen / TV • Guidelines for Respondent laminated poster • Overhead projector or SMARTBoard 	<ul style="list-style-type: none"> • Guidelines for Respondent laminated poster • Skills for Effective Relationships DVD 	<ul style="list-style-type: none"> • Word Wall • Role Play • Exit Statement
8	Practicing Skills and Culminating Activity	<ul style="list-style-type: none"> • Handouts to be photocopied • Skills for Effective Relationships DVD • DVD player and screen / TV • Guidelines for Respondent laminated poster • Overhead projector or SMARTBoard 	<ul style="list-style-type: none"> • Guidelines for Respondent laminated poster • Skills for Effective Relationships DVD 	<ul style="list-style-type: none"> • Word Wall • Role Play • Exit Statement • Culminating Activity

Seventh Grade Unit #3 Overview – Growth and Development

Lesson	Unit #3 Topic	Materials to Prepare	Support Materials	Teaching Strategies
1	Facts, Myths and Reproductive Systems	<ul style="list-style-type: none"> Paper / Markers to create word wall Handouts to be photocopied Reproductive System laminated cards Poster paper, Markers, and Tape for Guidelines SMARTBoard clickers (if option is used) Overhead projector or SMARTBoard 	<ul style="list-style-type: none"> Reproductive System laminated cards 	<ul style="list-style-type: none"> Word Wall Thumbs Up/Down Clickers Sorting Exit Statement
2	Male and Female Reproductive Systems and Fertilization	<ul style="list-style-type: none"> Overhead projector or SMARTBoard Process of Fertilization laminated cards Animated video of the reproductive system 	<ul style="list-style-type: none"> Process of Fertilization laminated cards 	<ul style="list-style-type: none"> Word Wall Matching Guest Speaker Exit Statement
3	STI's and Sources of Support	<ul style="list-style-type: none"> Handouts to be photocopied Computer lab (for whole period) Overhead projector or SMARTBoard 		<ul style="list-style-type: none"> Word Wall Researching Exit Statement
4	Sharing Info About STI's and Sources of Support	<ul style="list-style-type: none"> Handouts to be photocopied Overhead projector or SMARTBoard Handouts from previous class 8 pieces of 11x17 paper – headings written on 		<ul style="list-style-type: none"> Word Wall Review Carousel Exit Statement
5	Skills for Healthy Relationships	<ul style="list-style-type: none"> Handouts to be photocopied Overhead projector or SMARTBoard Handouts from previous class Skills for Effective Relationships DVD DVD player and screen / TV Guidelines for Respondent laminated poster Basket, envelope or container for each group 	<ul style="list-style-type: none"> Guidelines for Respondent laminated poster Skills for Effective Relationships DVD 	<ul style="list-style-type: none"> Word Wall Role Play Exit Statement

Lesson	Unit #3 Topic	Materials to Prepare	Support Materials	Teaching Strategies
6	Verbal Skills for Effective Relationships and Test Review	<ul style="list-style-type: none"> • Skills for Effective Relationships DVD • DVD player and screen / TV • Guidelines for Respondent laminated poster • Quiz, Quiz, Trade laminated cards • Handouts to be photocopied • Overhead projector or SMARTBoard 	<ul style="list-style-type: none"> • Quiz, Quiz, Trade laminated cards • Guidelines for Respondent laminated poster • Skills for Effective Relationships DVD 	<ul style="list-style-type: none"> • Word Wall • Fold the Line • Quiz, Quiz, Trade • Exit Statement
7	Culminating Activity	<ul style="list-style-type: none"> • Handouts to be photocopied 		<ul style="list-style-type: none"> • Unit Test

Seventh Grade Unit #4 Overview – Healthy Eating

Lesson	Unit #4 Topic	Materials to Prepare	Support Materials	Teaching Strategies
1	Personal Eating Practices	<ul style="list-style-type: none"> • Handouts to be photocopied • Poster paper, Markers, and Tape for Guidelines • Overhead projector or SMARTBoard 		<ul style="list-style-type: none"> • Take A Stand • Exit Statement
2	How Food Plays a Role in Health	<ul style="list-style-type: none"> • Handouts to be photocopied • Overhead projector or SMARTBoard • Yes But, No But laminated cards • 11 x 17 paper – one for every four students 	<ul style="list-style-type: none"> • Yes But, No But laminated cards 	<ul style="list-style-type: none"> • Four Corners • Placemat • Exit Statement
3	Making the Connection Between Food and Health Disorders	<ul style="list-style-type: none"> • Handouts to be photocopied • Overhead projector or SMARTBoard 		<ul style="list-style-type: none"> • Researching • Exit Statement
4	Goal Setting for Healthier Eating Practices	<ul style="list-style-type: none"> • Handouts to be photocopied • Handouts from the previous class • Overhead projector or SMARTBoard • 8.5 x 14 paper (legal size) – one per student 		<ul style="list-style-type: none"> • Foldable • Exit Statement
5	Culminating Activity – Encouraging Healthier Eating Practices	<ul style="list-style-type: none"> • Handouts to be photocopied • Overhead projector or SMARTBoard 		<ul style="list-style-type: none"> • Culminating Activity • Exit Statement