

Ninth Grade Overview of Unit #1 - Personal Safety and Injury Prevention

Lesson #	Topic	Materials to Prepare	Support Materials	Teaching Strategies
1	Focus on Healthy Relationships			Communication Line Looks like, Sounds like, Feels like...
2	Barriers to Healthy Relationships		Laminated cards – Types of Violence	Group discussion
3	Contributors to Violence	Graffiti chart paper (if you choose this option) Markers		Values line/fold the line Graffiti
4	Conflict and Conflict Resolution		DVD - Skills for Effective Relationships Poster - Guidelines for Respondent	Role play
5	Media Violence			Presentations
6	Conflict Resolution Skills		DVD - Skills for Effective Relationships Poster - Guidelines for Respondent	Role play
7	Action in the School and Community			Group work

Ninth Grade Overview of Unit #2 - Healthy Growth and Sexuality

Lesson #	Topic	Materials to Prepare	Support Materials	Teaching Strategies
1	Focus on Healthy Sexuality	Question box Placemats	Laminated poster - Guidelines for Respondent	Think, Pair, Share Placemat
2	Sexuality in the Media	Post-it notes	Laminated advertisements - Sexuality	Post It, Pile it
3	Responsible Sexuality			Think, Pair, Share Role play Jigsaw Activity
4	Preventing Pregnancies and STIs	Contraception Stations		Group discussion
5	Assertiveness Skills to Deal with Pressure in Relationships	Chalk, markers	DVD - Skills for Effective Relationships Laminated Poster - Guidelines for Respondent	
6	Sexuality: Responsibilities and Consequences			Group discussion
7	Sexual Decision-Making/ Community Resources	Computer lab for last 30-40 minutes of class		

Ninth Grade Overview of Unit #3 - Substance Use and Abuse

Lesson #	Topic	Materials to Prepare	Support Materials	Teaching Strategies
1	Myths and Facts/Definitions		Laminated Signs (No but, yes but, etc.) Laminated cards - Quiz, Quiz, Trade	Four Corners Quiz, Quiz, Trade
2	Effects of Substance Use/Abuse	Computer lab time		Communication line
3	Making Informed Choices About Smoking	Chart paper Markers Calculators		Think, Pair, Share
4	Factors Influencing Decisions About Drug Use	Placemats	Laminated alcohol and tobacco advertisements	Placemat Walkabout
5	Building Skills to Avoid Pressures to Use Substances		DVD - Skills for Effective Relationships Laminated Poster - Guidelines for Respondent	Role play Think, Pair, Share
6	Practicing Skills/Binge Drinking	Post-it notes		
7	Coping/Making the Connection Between Drug Use, Sex and Violence/Community Resources			Think, Pair, Share Plus, Minus, Interesting